



SYNERGY

Management Associates

Managing and Directing Your Career

Course Objectives

Upon completion of this course participants will be able to:

- Have greater self awareness of who you are, your preferences and where you best use your natural energies
- Identify your personal roadblocks to success
- Learn which work environments will be most rewarding for you
- Understand the difference between a career and job
- Understand how your core values influence your decisions and the type of work and the environment you prefer
- Use career graphing and mind-mapping to create your future
- Create a clear vision and SMART goals to achieve your dreams
- Hit the ground running with sound resume building, networking and job search techniques